



Tea List

Trading Hours

Chapter is open Tuesday – Sunday 10am–4pm.

The book cafe and tea shop is closed on Mondays (EXCEPT in December) and the shop also closes for around three – four weeks after Christmas.

Mail Order Service and Online Shopping

We accept phone and email orders, as well as “order and collect” orders. Payment options are online to ASB 12-3048-0408762-00 or Visa, Mastercard or PayPal.

Most of our teas can be ordered online at www.chapter.co.nz/shop/

Some of our teas can be ordered on TradeMe at www.bit.ly/100GBsG or www.trademe.co.nz/Members/Listings.aspx?member=3677290.

Chapter is on Facebook and Instagram

*Please **Like** us at www.facebook.com/ChapterBookAndTeaShop and **Follow** us at www.instagram.com/chaptermteden*

Free Tea Tastings – Temporarily Suspended

Our tea tastings on Sundays 10.30am–11.30am are suspended.

** Asterisk indicates a tea which is only available in a pre-packaged bag (usually 100grams).*

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Traditional Black Teas

TEA NAME	PRICE PER 100G
*All Day Cuppa – KeriKeri Organic blend of Indian fair trade teas. Medium to strong. 90gram tin.	\$12
Aotearoa Breakfast – Assam and Ceylon blended with kawakawa. Medium to strong.	\$16
Assam CTC Soongachi – Cut, torn and curled from Soongachi. Strong.	\$13
Assam FOP Bukhial – Flowery orange pekoe from Bukhial estate. Large leaf. Medium.	\$13
Assam GBOP Hunwal – Full bodied broken leaf. Formerly Assam GBOP Sepon. Medium to strong.	\$13
Assam GFBOP Zaloni – Full flavoured broken leaf with golden tips. Medium to strong.	\$13
*Assam FTGFOP Mokalbari – Large leaf with golden tips. Medium.	\$18
*Bay Of Islands Breakfast – KeriKeri Organic blend of fair trade teas. Medium to strong. 90gram.	\$12
Bourbon Vanilla – Assam and Ceylon tea blend with Vanilla. Similar to Rangitoto blend. Medium.	\$15
Ceylon BOP Lovers Leap – Broken orange pekoe from Lovers Leap estate in Nuwara Eliya. Strong.	\$13
Ceylon OP Lovers Leap – Orange pekoe from Lovers Leap estate in Nuwara Eliya. Medium.	\$13
Ceylon OP Pettiagala – Orange pekoe from Uva district. Large leaf. Medium.	\$13
China Keemun Panda – Famous Chinese tea. Red tea from Anhui. Weak to medium.	\$13
China OP Yunnan – Large leaf tea with golden tips. Red tea from Yunnan. Weak to medium.	\$13
China Rose – China tea with rose petals. Weak to medium.	\$13
Darjeeling Ging . Excellent quality. First flush. Weak to medium.	\$20
Darjeeling Margaret’s Hope – Famous estate. Second flush. Weak to medium.	\$16
Darjeeling MIM – Classic muscatel character. Second flush. Weak to medium.	\$16
Darjeeling Superior Oolong – Fine Darjeeling and Oolong blend. Weak to medium.	\$20
*English Blend – Assam and Ceylon broken orange pekoe blend. Medium to strong.	\$13
English Breakfast – Aromatic blend of Assam and Ceylon teas. Medium.	\$12
English Leaf Blend – Blend of Assam and Ceylon teas. Medium.	\$13
*Gisborne Dawn – NZ Live Assam tea with a hint of manuka leaf. Medium to strong. 125gram bag.	\$22
Irish Breakfast – Full bodied blend of Assam and Kenya teas. Strong.	\$12
Kenya BP – Rich. Full bodied with malty flavour. Cut, torn and curled. Strong.	\$12
Lapsang Souchong – Premium quality large leaf smoky tea. Medium.	\$13
*Morning Kick – NZ Live Full-bodied, rich, malty Assam tea. Medium to strong. 125gram bag.	\$17
New York Breakfast – Rich Assam tea with subtle chocolate notes. Medium.	\$13
*New Zealand Breakfast – T Leaf T blend of Assam tea and manuka. Organic. Medium to strong.	\$14
Nilgiri OP Glendale – South Indian. Floral-like flavour. Weak to medium.	\$13
Prince of Wales – Assam black and Gunpowder green tea blend. Blackcurrant accent. Medium.	\$13
Queen Mary – Good flavour with malty and floral notes. Medium to strong.	\$13
Russian Caravan – Smoky flavoured Russian style tea. Medium.	\$13
Russian Samovar – Aromatic blend. Russian style flavour. Weak to medium.	\$13
Scottish Breakfast – Malty full-bodied. Cup of tea for a Highlander. Medium to strong.	\$12
Star of India – Blend of Assam, Darjeeling, Nilgiri with a hint of Chai. Medium.	\$14
Supreme Breakfast – Harney blend of Assam and Keemun teas. Medium to strong.	\$14
Yorkshire Harrogate – Rich blend befitting a Yorkshireman. Strong.	\$13
Zealong Black – Sweet and honeyed beginning with smooth silky finish. Weak to medium.	\$50
Zealong Breakfast – Black tea with a hint of citrus and a sweet honey aftertaste. Medium to strong.	\$50

Black teas (traditional, flavoured and Earl Grey) can be enjoyed with or without milk. Strength is a matter of preference but, as a guideline, we recommend 1 level or heaped teaspoon per cup. Infuse 3-7 minutes. Approximately 30-40 cups of tea can be brewed from 100 grams.

Prices are for 100 grams (unless otherwise specified). We have separate prices for sample sizes (usually \$2.50), 50grams (usually \$0.50 premium to calculated price) and bulk buys of the same tea (usually discounts of 10% -20%).

Flavoured Black Teas

	PRICE PER 100G
*1001 Nights – Black and green teas with calendula, jasmine, rose petals, sunflowers.	\$14
African Cream – Banana, coconut, cream, vanilla.	\$13
Almond	\$13
Apple & Cinnamon	\$13
Apricot	\$13
Banana	\$13
Blackcurrant	\$13
*Blood Orange	\$13
Blueberry	\$13
*Café Latte – Almond-based brittle, chocolate chips, cocoa bits and coffee beans.	\$13
*Caramel Cream – Caramel and vanilla.	\$14
Celtic Dream – Cocoa and whiskey.	\$13
*Chai – T Leaf T take on this popular Indian classic.	\$15
Chocolate	\$13
*Cinnamon – From T Leaf T.	\$15
Coconut	\$13
Ginger	\$13
Hot Cinnamon – Cinnamon, orange, sweet cloves and flavours. Remarkable Harney tea.	\$14
Ice Wine – Sweet pear notes with hints of berry and caramel.	\$13
Irish Cream – Almond, coconut and vanilla.	\$13
Lemon	\$13
Liquorice	\$13
Lychee aka Lichee.	\$13
Mango Mist	\$13
Maple – Piquant caramel notes and the essence of maple.	\$13
Masala Chai aka Traditional Christmas. Spice tea with cardamom, cinnamon, cloves, ginger.	\$13
Mint	\$13
Monks – Bergamot and pear.	\$13
Nepal Chai aka Nepal Masala – Almond, cardamom, cinnamon, cloves, ginger, orange peel.	\$13
*New Zealand Chai – KeriKeri Organic fair trade Indian black tea blend with spices. 90gram tin.	\$12
Orange Spice – Cinnamon, lemon balm, orange.	\$13
Paris – Hints of vanilla, fruit, lemony bergamot. Very popular Harney tea.	\$14
Peach & Passionfruit	\$13
*Rose & Orange Pacific Sun – Flower petals, orange, vanilla.	\$14
Strawberry & Cream	\$13
Traditional Christmas aka Masala Chai – Spice tea with cardamom, cinnamon, cloves, ginger.	\$13
Vanilla	\$13
Venice – Strawberry, lemon, vanilla.	\$13
*Wellywood Chai – NZ Live tea. Cinnamon, ginger, cloves and horopito. 125gram bag.	\$22
*Wild Cherry	\$14
Wild Strawberry	\$13
*Winter Dream – Spice tea with cinnamon, orange peel, rose petals.	\$14
Zealong Chai – Traditional chai spices with a smoky char finish.	\$50
Zealong Chamomile – Soothing blend with chamomile and lavender.	\$50
Zealong Fire and Ice – Minty and woody with a warming ginger finish	\$50
Zealong Sweet Amber – Tangy lemon with a warming ginger finish	\$50

Earl Grey Teas

	PRICE PER 100G
* Bergamot Bluff – NZ Live tea. Bergamot, lemongrass and manuka. 125gram bag.	\$20
Earl Grey Blue Star – Traditional Earl Grey. Bergamot and cornflowers.	\$13
* Earl Grey Blue Flower – from T Leaf T.	\$15
Earl Grey Caravan – Bergamot and smoky flavour.	\$13
Earl Grey Cream – Bergamot and smooth vanilla notes.	\$13
Earl Grey Excelsior – Bergamot and liquorice, banana, vanilla.	\$13
Earl Grey Fruit Punch – Bergamot and apricot, peach, passionfruit.	\$13
* Earl Grey Imperial Darjeeling – Bergamot with fine Darjeeling.	\$15
Earl Grey's Lady aka Lady Grey – Bergamot and lemon.	\$13
* Earl Grey Paris – Bergamot, rose and vanilla. A delightful twist on French Earl Grey.	\$14
Earl Grey Rose aka French Earl Grey – Bergamot and rose.	\$13
* Earl Grey Special – Bergamot, citrus pieces, lemongrass, cornflowers, jasmine flowers.	\$14
Earl Grey Superior – Bergamot, orange peel, lemongrass, cornflowers.	\$13
* Royal Earl Grey – KeriKeri Organic fair trade Darjeeling tea with bergamot. 80gram tin.	\$12
Zealong Grey – Zealong's unique take on a classic blend; with floral and citrus notes.	\$50

Traditional Green Teas

China Lung Ching aka Dragon Well – Princess of green tea.	\$20
Chinese Gunpowder Special – Green tea rolled into tight nuggets. From Taiwan.	\$12
Izu Green Matcha – Luxury Japanese style tea boosted with high altitude Kenyan tea. 65gram bag.	\$20
Japan Bancha – Top quality bancha from Kagoshima. Late harvest. Mild flavour.	\$16
Japan Fukujyu – Superior sencha type tea from Kagoshima.	\$16
Japan Genmaicha aka Popcorn Tea – Green tea with roasted and popped rice.	\$13
Japan Gyokuro – Premium shade-grown tea from Kagoshima. High in antioxidants.	\$50
Japan Hojicha – Roasted green tea from Kagoshima. Full-bodied. Cinnamon-like toast notes.	\$16
Japan Kukicha aka Winter Tea – Leafless blend of stems, stalks and twigs from Kagoshima.	\$16
* Japan Matcha – Powdered tea used for drinking and cooking from Shizuoka. 65gram bag.	\$13
* Japanese Sencha – Harney award-winning green tea from Shizuoka. 112gram pack.	\$25
Organic Sencha Akaike – Organic. Luxury green tea from Kagoshima.	\$14
Sencha Kakagawa – Smooth flavourful sencha from Kagoshima. Excellent for daily drinking.	\$13
Zealong Green – Silky smooth with a velvety touch on the tongue.	\$50

Flavoured Green Teas

China Jasmine – Jasmine blossoms.	\$13
* Earl Grey Green – Bergamot, citrus, lemongrass, jasmine.	\$14
* Green Berry & Rhubarb – Blackberries, raspberry fruit granulate, flowers.	\$14
Green Christmas aka Green Spice – Almond, cinnamon, cloves, ginger, pineapple, safflowers.	\$13
* Japanese Lime – Lime and lemon pieces, marigolds and lime flavour.	\$14
* Kakariki Green – NZ Live green tea with kawakawa. 70gram bag.	\$22
* Lime & Mint Mojito – Caramel, lime, safflowers, spearmint.	\$14
Moroccan Mint – Gunpowder green tea with spearmint. Add sugar to sweeten.	\$13
* Otago Gold – NZ Live green tea with kawakawa, ginger and lemongrass. 70gram bag.	\$22
* Rose & Orange Green Pacific – Vanilla, orange, flowers.	\$14
Sencha Aotearoa – Sencha tea with kawakawa and lemongrass.	\$16
Sencha Blue Mango – Mango, mallow petals, pineapple.	\$13
Sencha Cherry Rose – Cherry and rose petals.	\$13
* Sencha Cool Kiwi – Kiwifruit, blackberry, papaya and rose petals.	\$13
* Sencha Feijoa – Feijoa, apple and papaya.	\$13

PRICE PER 100G

Sencha Feng Shui – Energy balancing. Carrot, lemongrass, papaya, pineapple, raspberry, sunflowers.	\$13
Sencha Lime – Lime and lemon pieces. Similar to Japanese Lime or Tokyo Lime.	\$13
Sencha Mint – Green tea with refreshing cool mint flavour.	\$13
Sencha Peach & Apricot – Peach, apricot, papaya, jasmine, sunflowers.	\$13
Sencha Strawberry – Strawberry and papaya.	\$13
Sencha Vanilla – Sencha with vanilla.	\$13
*Spicy Sencha – Almond, cardamom, cinnamon, citrus, cloves, rose, vanilla.	\$13
*Tokyo Lime – from T Leaf T.	\$16
*Twisted Kiwi – NZ Live green tea and kiwifruit. 125gram bag.	\$22
Zealong Ice Breaker – Cool peppermint, sweet spearmint and peppery kawakawa.	\$50
Zealong Lady Gatsby – Floral rose petals, the woody spice of manuka, and sweet cinnamon	\$50

Fruit Infusions

Angel Falls Mist – Apple, calendula, hibiscus, orange, rosehip.	\$13
*Apple & Feijoa – Apple, feijoa, fennel seeds, papaya, sunflower, verbena.	\$13
Arabian Magic – Apple, elderberry, hibiscus, orange, raisin, rosehip, cornflowers.	\$13
*Bay of Islands Paradise – NZ Live blend of tropical fruits with kiwifruit. 125gram bag.	\$20
*Berry Peach Crumble – Blackberries, blueberries, cherries, currants, elderberries, hibiscus, rosehip, flavour.	\$14
*Berrylicious – Apple, blackberries, elderberries, hibiscus, raspberry, rosehip, strawberry.	\$16
Bora Bora – Apple, cranberry, elderberry, hibiscus, mango, papaya, pineapple, rosehip.	\$13
*Coconut Pina Colada – Coconut, pineapple, apple, hibiscus, orange, rosehip.	\$14
Fruit Punch – Elderberry, raisin, hibiscus, currants.	\$13
Good Health – Apple, cranberry, currants, elderberry, hibiscus, lingonberry, raisin, rosehip.	\$13
Granny's Garden – Apple, blackberry, currant, elderberry, hibiscus, raspberry, rosehip, strawberry, blackberry leaves.	\$13
*Grapefruit & Bitter Lemon – Grapefruit, lemon, apple, hibiscus, marigolds, rosehip, flavour.	\$14
Lady Hannah's Berry Fruit – Blackberry, raspberry, strawberry, apple, hibiscus, rosehip.	\$20
Lemon Citric – Lemon, apple, hibiscus, orange, rosehip.	\$13
*Lemon Sorbet Organic – Apple, citric acid, citrus peel, lemongrass, lemon myrtle, pineapple, rosehip.	\$16
Mango Paradise – Mango, currants, elderberry, hibiscus, papaya, pineapple, marigold, flavour.	\$13
*Mellow Cranberry & Carrot – Cranberry, carrot, apple, beetroot, hibiscus, grapes.	\$14
Orient Express – Almond, apple, cinnamon, hibiscus, rooibos, rosehip, vanilla.	\$13
Otago Summer Fruits – Peach, apricot, apple, beetroot, carrot, cherry, rose buds, strawberry, flavour.	\$13
*Stone Fruit Peach & Apricot – Peach, apricot, apple, hibiscus, orange, rosehip, flowers, flavour.	\$14
Strawberry & Kiwifruit – Strawberry, kiwifruit, apple, hibiscus, rosehip.	\$13
*Turkish Apple Organic – Apple bits and natural flavour. 120gram bag.	\$16
Vitamin Cocktail – Apple, cranberry, elderberry, hibiscus, lingonberry, rosehip.	\$13

Herbal Infusions

Most herbal infusions contain no caffeine or tannin.

*Ayurvedic Bliss – Cardamom, cinnamon, fennel, liquorice, orange.	\$14
*Butterfly Pea Flower – From Thailand. Blue infusion acid responsive (changes colour). 50gram bag.	\$13
*Camillio – Chamomile, citrus peel, hibiscus, lemongrass, nana-mint, orange blossom, rosehip.	\$13
Chamomile – Relaxing and soothing. Aids sleep and eases upset stomach.	\$16
Chrysanthemum – Aids detox, regulates blood pressure, calms nerves, eases head congestion.	\$40
*Feijoa – KeriKeri Organic honeybush with elderflowers, manuka and feijoa oil. 90gram tin.	\$12
Ginger Root – Refreshing hot notes. Eases cold symptoms, digestion and nausea.	\$18
Ginger Root & Lemongrass	\$16
*Golden Kiwifruit – KeriKeri Organic honeybush with natural flavour and elderflowers. 90gram tin.	\$12
Hibiscus – Rich in Vitamin C and iron. Aids blood pressure and cholesterol.	\$13
Honeybush – From South Africa. Refreshing. Rich in antioxidants and minerals.	\$14

Jasmine Flowers and Petals – Luxury jasmine petals. Soothing aroma and very mild flavour.	\$30
*Kawakawa Digest – Oku blend of kawakawa, hoheria, peppermint and ginger. 30gram bag.	\$15
*Kawakawa Energise – Oku blend of kawakawa, green sencha tea, licorice and ginger. 30gram bag.	\$15
*Kawakawa Fire – T Leaf T. Ginger, kawakawa, lemongrass. 50gram bag.	\$16
*Kawakawa Immune – Oku blend of kawakawa, manuka, elderflower and rosehip. 30gram bag.	\$15
*Kawakawa Pure – Oku wildcrafted kawakawa. 30gram bag.	\$15
*Kawakawa Restore – Kawakawa, karamu, nettles, cinnamon, manuka, kumarahou. 30gram bag.	\$15
*Lemon Ginger Kawa – KeriKeri Organic lemongrass, ginger, calendula, kawakawa. 40gram tin.	\$12
*Lemon Ginger Manuka – KeriKeri Organic lemongrass, ginger and manuka. 45gram tin.	\$12
*Lime & Manuka Green – KeriKeri Organic green honeybush with lime and manuka. 90gram tin.	\$12
*Manuka Mint – KeriKeri Organic soothing blend of spearmint and manuka. 40gram tin.	\$12
Lavender – From France. Floral notes. Aids relaxation and eases digestion.	\$20
Lemon Balm – From Bulgaria. Calming. Mildly minty.	\$20
*Lemon Balm & St Johns Wort Relax – Apple, raspberry, liquorice root, flowers, flavour. 70gram bag.	\$12
Lemon Verbena – From France. Refreshing. Mildly floral.	\$15
Lemongrass – From Thailand. Antioxidant and anti-microbial properties.	\$13
Linden Flowers – Subtle sweet fruity finish. Calming. Eases digestion and cold symptoms.	\$20
Liquorice Root – Sweet light medicinal notes. Aids adrenal glands, allergies and indigestion.	\$13
*Manuka & Flower Revitalise – Aka Manuka & Flower Detox. 60gram bag.	\$15
*Mint Aspiring – NZ Live peppermint, spearmint and manuka. 70gram bag.	\$22
Mothers Bliss – Rose petals, lavender, chamomile and lemongrass.	\$18
*Peach – KeriKeri Organic honeybush with natural peach flavour and elderflowers. 90gram tin.	\$12
Peppermint – Cool and refreshing. Eases digestion, nausea, headaches and tension.	\$16
*Peppermint & Flower Energizer – Flowers, herbs and fruits with peppermint overtones.	\$14
Raspberry Leaf – Contains magnesium, potassium, iron, Vitamin B. Tones pelvis and uterus.	\$16
*Red Vanilla Raspberry – from T Leaf T.	\$16
*Restful – Chamomile, green rooibos, vervain, rose buds, tulsi, lavender. 50gram bag.	\$16
Rooibos – From South Africa. Relaxing. Rich in minerals and antioxidants.	\$12
Rooibos Chai aka Rooibos Christmas – Cardamom, cinnamon, cloves, ginger, nutmeg, pepper.	\$13
*Rooibos Cream & Caramel – Caramel pieces, cola nuts, flavour.	\$15
*Rooibos Orange Ginger – Ginger, orange flakes, orange blossoms, peppercorns, pepper, flavour.	\$15
Rooibos Sunshine Lemon – Lemongrass and calendula.	\$13
Rooibos Vanilla – Vanilla, almond and calendula.	\$13
Rose Petals – Light floral notes. Pleasant lingering finish. Antioxidants.	\$20
Rosehip – Mild pear notes. Vitamin C and antioxidants.	\$13
Spearmint – Cool and refreshing. Eases digestion, nausea, headaches and tension.	\$16
Spearmint & Rose	\$18
Yerba Mate – From Brazil. Green unroasted. Energy tonic. Rich in caffeine.	\$12

Oolong Teas

Oolong (aka Wu Long) is semi-fermented and has more body than a green tea but less than a black tea.

Formosa Oolong – Semi-fermented. Thin liquor. Sweet fruity character. Tends black.	\$14
Fujian Oolong aka Ti Kuan Yin – Semi-fermented. Orchid-like notes. Tends green.	\$14
*Ginseng Oolong . Oolong tea with ginseng. 120gram bag.	\$22
Jasmine Orchard Oolong – Oolong and green tea, jasmine, apple, mango, peach, safflowers, strawberry.	\$14
*Orange Oolong – Formosa oolong with marmalade orange notes. 50gram bag.	\$15
*Organic Slimming Oolong TKY – Excellent vintage Ti Kuan Yin.	\$18
Pomegranate Oolong – Popular Harney Ti Kuan Yin oolong infused with pomegranate.	\$14
Quangzhou Milk Oolong – Premium oolong with sweet milk and light orchid notes.	\$50
Spring Pouchong – Rare top quality Oolong from Taiwan. Floral aroma. Sweet aftertaste.	\$50
Zealong Aromatic – Clear aroma and taste, with a hint of fruit and flowers.	\$50

Zealong Dark – Rich, deep taste and a hint of charcoal on the nose.	\$50
Zealong Green Heart – Oolong tea with jasmine, kawakawa, lemongrass & tulsi.	\$50
Zealong Pure – Sweet, unroasted fresh leaves with pure natural flavour.	\$50

Organic Teas

Organic Earl Grey – Organic. Blend of black teas from Sri Lanka and India with natural bergamot.	\$16
Organic Guangxi – Organic. Black tea from Southern China (east of Yunnan).	\$14
Organic Irish Breakfast – Organic. Blend of black teas from India and Kenya.	\$14
*Organic Matcha – Ceres Organics powdered tea from Uji. 70gram bag.	\$19
Organic Rooibos – Organic. From Cederberg, South Africa.	\$14
Organic Sencha Akaike – Organic. Luxury green tea from Kagoshima.	\$14
*Organic Slimming Oolong TKY – Excellent vintage Ti Kuan Yin.	\$18
Organic Young Hyson – Organic green tea from South-west China.	\$14

Decaffeinated Teas

Our decaffeinated teas are processed using the naturally occurring CO2 in a circulation process which uses high pressure and temperature to extract the caffeine. No chemical solvents are used.

Decaffeinated Earl Grey –	\$16
Decaffeinated English Breakfast –	\$15
Decaffeinated Irish Breakfast –	\$15
Decaffeinated Sencha Green –	\$16
Vanilla Comoro – Popular decaffeinated Harney & Sons tea.	\$14

White Teas

White teas are rare. Leaves are picked and harvested before they have fully opened, when the buds are covered by fine white hair. White tea has very little processing and no fermentation. It has a delicate flavour.

Bai Mu Tan aka White Peony – Exquisite anti-ageing tea. Fresh taste. Pale yellow infusion.	\$20
*China White Ginger – Organic; warming tea to put a zing in your step. 90gram box.	\$15
*China White Jasmine – Organic; fragrant, refreshing and slightly sweet. 70gram box.	\$15
*China White Lemongrass – Organic; lively healing tea with lemon freshness and aroma. 70gram box.	\$15
*China White Original – Organic; delicate flavour and a hint of sweetness. 50gram box.	\$13
*Gojiberry & Raspberry – Gojiberry, raspberries, and a hint of bergamot. 60gram bag.	\$14
*Pomegranate & Manuka White – KeriKeri Organic tea with pomegranate & manuka. 90gram tin.	\$12
Shou Mei aka Sow Mee – Refreshing aroma, golden liquor and sweet mellow taste.	\$18
*White Peach – Natural peach flavour and marigold blossoms. 30gram bag.	\$16

Pu Erh Teas

Pu Erh is fermented twice. Health benefits include speeding up metabolism and lowering cholesterol.

China Yunnan Pu Erh – Fermented twice. Matured. May aid weight loss and lower cholesterol.	\$13
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Artisan Tea Balls# (Price Per Ball) And Pearls

3 Flower Burst Ball# – Green tea. Jasmine, Lily & Osmanthus. Opens up to reveal flowers.	\$3.5
Jasmine Silver Ball# – Delicate hand rolled jasmine tea. Opens up in to shape of a flower.	\$3
Tiffany Rose Ball# – Green tea. Amaranth & Marigold blossoms. Rose notes. Opens up to reveal flower.	\$4

Also available in nitrogen flushed vacuum sealed decorative gift bags.

Dragon Pearls – Top quality hand rolled new season green tea. Use 6-8 pearls per cup (price per packet).	\$3
Dragon Pearls or Dragon Pearl Jasmine – Top quality hand rolled pearls. 25gram bag.	\$11
Jasmine Silver Ball – Delicate hand rolled jasmine tea. 100gram bag.	\$30

Miscellaneous

Lezzo Turkish Apple Tea – Available in 150gram bag or 700gram tin.	\$5/\$20
Tea Gift Box (Large) – Gift box with 10 popular teas (price per box).	\$30
Tea Gift Box (Small) – Gift box with four popular teas (price per box).	\$15

Pukka™ Tea Bags (20 Wrapped Tea Sachets/Price Per Box) **\$10 Per Box**

After Dinner	Cleanse
Elderberry & Echinacea	Elegant English Breakfast
Feel New (new name for Detox)	Gorgeous Earl Grey
Green Collection	Herbal Collection
Lemon, Ginger & Manuka Honey	Lemongrass & Ginger
Licorice & Cinnamon	Love
Mint Refresh	Motherkind Baby
Motherkind Pregnancy	Night Time
Peppermint & Licorice	Relax
Revitalise	Supreme Matcha Green
Three Chamomile	Three Cinnamon
Three Fennel	Three Ginger
Three Mint	Tulsi Clarity (new name for Three Tulsi)
Turmeric Active	Turmeric Gold
Vanilla Chai	Womankind

Other Herbal Teas (Price Per Box)

Dandelion – Golden Fields Tea. Antirheumatic, detoxifier, diuretic, liver cleanser (25 Tea Bags).	\$14
Dandelion – Golden Fields Tea. Antirheumatic, detoxifier, diuretic, liver cleanser (175g Granules).	\$23
Ginger – Yogi Tea. For digestion. Ginger, lemongrass, licorice, peppermint, pepper (16 Tea Bags).	\$12
Nettle – Planet Organic Tea. Energy tonic. Aids circulation, congestion, skin health (25 Tea Bags).	\$8

Metropolitan Tea Company Tea Bags

Backyard compostable and biodegradable

Breakfast –	\$0.50 each, \$4 for 10, \$7 for 20, \$10 for 30, \$30 for 100
Decaffeinated Breakfast –	\$0.65 each, \$5.50 for 10, \$10 for 20, \$14 for 30, \$42 for 100
Earl Grey –	\$0.50 each, \$4 for 10, \$7 for 20, \$10 for 30, \$30 for 100
Decaffeinated Earl Grey –	\$0.70 each, \$6 for 10, \$11 for 20, \$16 for 30, \$48 for 100
Lapsang Souchong –	\$0.60 each, \$5 for 10, \$9 for 20, \$13 for 30, \$39 for 100

Tea Suppliers

Chapter has a number of quality tea suppliers including: China White (organic white tea); Coffee and Tea Lovers (loose leaf tea); **HARNEY & SONS** (main supplier – loose leaf tea, tea sachets, tea bags); KeriKeri Organic Tea (organic tea; certified fair trade where possible); Lezzo (Turkish apple tea); **METROPOLITAN TEA** (main supplier – belongs to the Ethical Tea Partnership – loose leaf tea, tea bags); NZ Live (loose leaf tea with NZ ingredients); Oku NZ Native Herbal Products (kawakawa tea, cough and chest elixir); Pukka (organic tea bags); T Leaf T (loose leaf tea, pyramid tea bags); Tea Forte (loose leaf tea, tea pyramids); **TEA TOTAL** (main supplier – loose leaf tea, pyramid tea bags); Ti Ora (tea pyramids); and Zealong (pure organic NZ premium loose leaf tea, tea sachets).

Tea Storage and BYO Container or Bag

Store tea in an airtight container (tin, glass, ceramic) and keep in a dark dry place for freshness. Do not expose tea to bright sunlight or strong heat – as these will impact on quality and longevity. Keep black teas up to 12 months and green teas up to eight months (in ideal storage conditions).

Save money and help us to minimise waste: for loose leaf tea purchases – please bring your own storage container or bag in and get a discount of \$0.50 (excludes pre-packaged teas and bulk buys).