



# Loose Leaf Tea List

**Chapter is on Facebook and Localist**

Please **Like** us at [www.facebook.com/ChapterBookAndTeaShop](http://www.facebook.com/ChapterBookAndTeaShop) and  
**Love** us at [www.localist.co.nz/l/chapterbookteashop](http://www.localist.co.nz/l/chapterbookteashop)

**Trading Hours**

Chapter is closed on Mondays (EXCEPT in December).  
The book cafe and tea shop is open Tuesday - Friday 9am-5pm, weekends 9am-4pm,  
and public holidays (excluding Mondays) 10am-4pm.

**Tea Tastings**

Please join us on Sundays 10.30am-11.30am  
(EXCEPT in December and the first half of January).  
Three different teas to taste each week.

**Mail Order Service and Online Shopping**

We accept phone and email orders, with payment by Visa, Mastercard  
or online to ASB 12-3048-0408762-00.

Some of our teas can be ordered online at [www.chapter.co.nz/shop/](http://www.chapter.co.nz/shop/) or on TradeMe at  
[www.bit.ly/100GBsG](http://www.bit.ly/100GBsG) or [www.trademe.co.nz/Members/Listings.aspx?member=3677290](http://www.trademe.co.nz/Members/Listings.aspx?member=3677290).

June 2018

Chapter Limited  
442 Mt Eden Rd  
Mt Eden, Auckland 1024

Phone 09-623 2319  
Toll free 0508-CHAPTER  
Toll free 0508-242 783

Email [info@chapter.co.nz](mailto:info@chapter.co.nz)  
Web site [www.chapter.co.nz](http://www.chapter.co.nz)  
FB [ChapterBookAndTeaShop](https://www.facebook.com/ChapterBookAndTeaShop)

## Traditional Black Teas

| TEA NAME   | PRICE PER 100G |
|--|----------------|
| <b>Aotearoa Breakfast</b> – Assam and Ceylon blended with kawakawa. Medium to strong.            | \$16           |
| <b>Assam FOP</b> – Flowery orange pekoe. Large leaf. Medium.                                     | \$11           |
| <b>Assam GBOP Sepon</b> – Full bodied broken leaf. Strong.                                       | \$11           |
| <b>Assam GFBOP Zaloni</b> – Full flavoured broken leaf with golden tips. Medium to strong.       | \$12           |
| <b>*Assam Mokalbari FTGFOP</b> – Large leaf with golden tips. Medium.                            | \$18           |
| <b>Bourbon &amp; Vanilla Supremo</b> – Fine Assam and Ceylon teas with Vanilla. Medium.          | \$15           |
| <b>Ceylon BOP Lovers Leap</b> – Broken orange pekoe. Strong.                                     | \$12           |
| <b>Ceylon OP</b> – Orange pekoe from Nuwara Eliya region. Large leaf. Medium.                    | \$12           |
| <b>Ceylon OP Pettiagala</b> – Orange pekoe. Bright coppery infusion. Large leaf. Medium.         | \$13           |
| <b>China Keemun Panda</b> – One of the most famous teas in China. Weak to medium.                | \$12           |
| <b>*China Yunnan OP</b> – Large leaf tea with golden tips. Medium.                               | \$13           |
| <b>China Rose</b> – China tea with rose petals. Weak to medium.                                  | \$12           |
| <b>Darjeeling Ging</b> . Excellent quality. First flush. Weak to medium.                         | \$20           |
| <b>Darjeeling Margaret's Hope</b> – Famous estate. Second flush. Weak to medium.                 | \$15           |
| <b>Darjeeling MIM</b> – Classic muscatel character. Second flush. Weak to medium.                | \$15           |
| <b>Darjeeling Superior Fancy Oolong</b> – Fine Darjeeling and Oolong blend. Weak to medium.      | \$20           |
| <b>English Blend</b> – Assam and Ceylon broken orange pekoe blend. Medium to strong.             | \$12           |
| <b>English Breakfast</b> – Aromatic blend of Assam and Ceylon teas. Medium.                      | \$10           |
| <b>English Leaf Blend</b> – Blend of Assam and Ceylon teas. Medium.                              | \$12           |
| <b>Irish Breakfast</b> – Full bodied blend of Assam and Kenya teas. Strong.                      | \$10           |
| <b>Kenya BP</b> – Rich. Full bodied with malty flavour. Cut, torn and curled. Strong.            | \$10           |
| <b>Lapsang Souchong Supreme</b> – Premium quality large leaf smoky tea. Medium.                  | \$12           |
| <b>New York Breakfast</b> – Rich Assam tea with subtle chocolate notes. Medium.                  | \$12           |
| <b>*New Zealand Breakfast</b> – Blend of Assam tea and manuka. Medium to strong.                 | \$13           |
| <b>Nilgiri</b> – South Indian. Floral-like flavour. Weak to medium.                              | \$12           |
| <b>Prince of Wales</b> – Assam black and Gunpowder green tea blend. Blackcurrant accent. Medium. | \$12           |
| <b>Queen Mary</b> – Good flavour with malty and floral notes. Medium to strong.                  | \$12           |
| <b>Russian Caravan</b> – Smoky flavoured Russian style tea. Medium.                              | \$12           |
| <b>Russian Samovar</b> – Aromatic blend. Russian style flavour. Weak to medium.                  | \$12           |
| <b>Scottish Breakfast</b> – Malty full-bodied. A Highlander's cup of tea. Medium to strong.      | \$12           |
| <b>*Special Breakfast Blend</b> – Pure Ceylon orange pekoe. Medium.                              | \$13           |
| <b>Star of India</b> – Blend of Assam, Darjeeling, Nilgiri with a hint of Chai. Medium.          | \$13           |
| <b>Supreme Breakfast</b> – Harney's blend of Assam and Keemun teas. Medium to strong.            | \$14           |
| <b>Yorkshire Harrogate</b> – Rich blend befitting a Yorkshireman. Strong.                        | \$12           |

We have separate prices for sample sizes (usually \$2),  
50grams (usually \$0.20 premium) and bulk buys of the same tea (usual discounts of 10% -15%).

Black teas (traditional, flavoured and Earl Grey) can be enjoyed with or without milk.  
Strength is a matter of preference but, as a guideline, we recommend 1 level or heaped teaspoon per cup.  
Infuse 3-7 minutes. Approximately 30-40 cups of tea can be brewed from 100 grams.

\* Asterisk indicates a tea which is only available in a pre-packaged bag (usually 100grams).

## Flavoured Black Teas

|   | PRICE PER 100G |
|---|----------------|
| <b>*1001 Nights</b> – Black and green teas with calendula, jasmine, rose petals, sunflowers.                  | \$13           |
| <b>African Cream</b> – Banana, coconut, cream, vanilla.   | \$12           |
| <b>Almond</b>   | \$12           |
| <b>Apricot</b> (Aka Tangy Apricot).   | \$12           |
| <b>Banana</b>   | \$12           |
| <b>Blackcurrant</b>   | \$12           |
| <b>*Blood Orange</b>  | \$12           |
| <b>*Café Latte</b> – Almond-based brittle, chocolate chips, cocoa bits and coffee beans.                      | \$12           |
| <b>*Caramel Cream</b> (aka Cream) – Caramel and vanilla.  | \$13           |
| <b>Celtic Dream</b> – Cocoa and whiskey.  | \$12           |
| <b>*Chai</b> – T Leaf T's take on this popular Indian classic.  | \$14           |
| <b>Chocolate</b>  | \$12           |
| <b>*Cinnamon</b> – from T Leaf T.   | \$14           |
| <b>Coconut</b>  | \$12           |
| <b>Ginger</b>   | \$12           |
| <b>Hot Cinnamon.</b> Cinnamon, orange, sweet cloves. Harney's remarkable flavoured tea.                       | \$14           |
| <b>*Ice Wine</b> – Sweet pear notes with hints of berry and caramel.  | \$16           |
| <b>Irish Cream</b> – Almond, coconut and vanilla.   | \$12           |
| <b>Lemon</b>  | \$12           |
| <b>Lime</b>   | \$12           |
| <b>Liquorice</b>  | \$12           |
| <b>Mango</b> (aka Mango Indica).  | \$12           |
| <b>*Maple</b> – Piquant caramel notes and the essence of maple.   | \$16           |
| <b>Masala Chai</b> (aka Traditional Christmas). Spice tea with cardamom, cinnamon, cloves, ginger.            | \$12           |
| <b>Mint</b>   | \$12           |
| <b>Monks</b> – Bergamot and pear.   | \$12           |
| <b>Nepal Chai</b> (aka Nepal Masala). Spice tea with almond, cardamom, cinnamon, cloves, ginger, orange peel. | \$12           |
| <b>Orange Spice</b> – Cinnamon, lemon balm, lime leaves, orange.  | \$12           |
| <b>Paris.</b> Hints of vanilla, fruit, lemony bergamot. Very popular Harney flavoured tea.                    | \$14           |
| <b>Peach &amp; Passionfruit</b>   | \$12           |
| <b>*Rose &amp; Orange Pacific Sun</b> (aka Pacific Star) – Flower petals, orange, vanilla.                    | \$13           |
| <b>Strawberry &amp; Cream</b>   | \$12           |
| <b>Traditional Christmas</b> (aka Masala Chai) – Spice tea with cardamom, cinnamon, cloves, ginger.           | \$12           |
| <b>Vanilla</b>  | \$12           |
| <b>Venice</b> – Strawberry, lemon, vanilla.   | \$12           |
| <b>*Wild Cherry</b>   | \$13           |
| <b>Wild Strawberry</b>  | \$12           |
| <b>*Winter Dream</b> (aka Snow Dream) – Spice tea with cinnamon, orange peel, rose petals.                    | \$13           |

### Tea Storage

Store in an airtight container (tin, glass, ceramic) and keep in a dark dry place for freshness. Do not expose tea to bright sunlight or strong heat – as these will impact on quality and longevity. Keep black teas up to 12 months and green teas up to eight months (in ideal storage conditions).

## Earl Grey Teas

|   | PRICE PER 100G |
|---|----------------|
| <b>Earl Grey Blue Star</b> – Traditional Earl Grey. Bergamot and cornflowers.                   | \$12           |
| * <b>Earl Grey Blue Flower</b> – from T Leaf T.   | \$14           |
| <b>Earl Grey Caravan</b> – Bergamot and smoky flavour.  | \$12           |
| <b>Earl Grey Cream</b> – Bergamot and smooth vanilla notes.                                     | \$12           |
| <b>Earl Grey Excelsior</b> – Bergamot and liquorice, banana, vanilla.                           | \$12           |
| <b>Earl Grey Fruitpunch</b> – Bergamot and apricot, peach, passionfruit.                        | \$12           |
| * <b>Earl Grey Imperial Darjeeling</b> – Bergamot with fine Darjeeling.                         | \$14           |
| <b>Earl Grey's Lady</b> (aka Lady Grey) – Bergamot and lemon.                                   | \$12           |
| * <b>Earl Grey Paris</b> – Bergamot, rose and vanilla. A delightful twist on French Earl Grey.  | \$13           |
| <b>Earl Grey Rose</b> (aka French Earl Grey) – Bergamot and rose.                               | \$12           |
| * <b>Earl Grey Special</b> – Bergamot, citrus pieces, lemongrass, cornflowers, jasmine flowers. | \$13           |
| <b>Earl Grey Superior</b> – Bergamot, orange peel, lemongrass, cornflowers.                     | \$12           |

## Traditional Green Teas

Green teas are known for their health benefits and contain only a small amount of caffeine. Use half a teaspoon per cup. Infuse 3 minutes. Approximately 70-80 cups of tea can be brewed from 100 grams.

|  |      |
|--|------|
| <b>Akaike Sencha</b> – Organic. Luxury green tea from China.   | \$13 |
| <b>Bancha</b> – Top quality bancha made to Japanese specifications. Late harvest. Mild flavour.        | \$15 |
| <b>China Lung Ching</b> (aka Dragon Well) – Princess of green tea.                                     | \$19 |
| <b>Chinese Gunpowder Special</b> – Green tea rolled into tight nuggets.                                | \$10 |
| <b>Fukujyu Sencha</b> – Superior sencha type tea made to Japanese specifications.                      | \$15 |
| <b>Gyokuro</b> – Premium shade-grown tea. High in antioxidants. Infuse at 80°C.                        | \$50 |
| <b>Izu Green Matcha</b> – Luxury Japanese style tea boosted with high altitude Kenyan tea. 65gram bag. | \$20 |
| <b>Japanese Genmaicha</b> (aka Popcorn Tea) – Green tea with roasted and popped rice.                  | \$13 |
| * <b>Japanese Matcha</b> – Powdered tea used for drinking & cooking. From Shizuoka. 65gram bag.        | \$13 |
| * <b>Japanese Sencha</b> – Harney's award-winning green tea. From Shizuoka. 112.5gram bag.             | \$24 |
| * <b>Organic Matcha</b> – Ceres Organics powdered tea. From Uji. 70gram bag.                           | \$19 |
| <b>Sencha Kakagawa</b> – Excellent green tea for everyday drinking. Made to Japanese specifications.   | \$12 |

## Flavoured Green Teas

|   |      |
|---|------|
| <b>China Jasmine</b> – Jasmine blossoms.  | \$12 |
| * <b>Earl Grey Green</b> (aka Sencha Earl Grey) – Bergamot, citrus, lemongrass, jasmine.                  | \$13 |
| * <b>Green Berry &amp; Rhubarb</b> – Blackberries, raspberry fruit granulate, flowers.                    | \$13 |
| <b>Green Christmas</b> (aka Green Spice) – Almond, cinnamon, cloves, ginger, pineapple, safflowers.       | \$12 |
| * <b>Japanese Lime</b> – Lime and lemon pieces, daisies and lime flavour.                                 | \$13 |
| * <b>Lime &amp; Mint Mojito</b> – Caramel, lime, safflowers, spearmint.                                   | \$13 |
| <b>Moroccan Mint</b> – Gunpowder green tea with spearmint. Add sugar to sweeten.                          | \$12 |
| * <b>Rose &amp; Orange Green Pacific</b> (aka Sencha South Pacific) – Vanilla, orange, flowers.           | \$13 |
| <b>Sencha Aotearoa</b> – Sencha tea with kawakawa and lemongrass.   | \$16 |
| <b>Sencha Blue Mango</b> – Mango, mallow petals, pineapple.   | \$12 |
| <b>Sencha Cherry Rose</b> – Cherry and rose petals.   | \$12 |
| * <b>Sencha Cool Kiwi</b> – Kiwifruit and rose petals.  | \$12 |
| * <b>Sencha Feijoa</b> – Feijoa, apple, papaya.   | \$12 |
| <b>Sencha Feng Shui</b> – Energy balancing. Carrot, lemongrass, papaya, pineapple, raspberry, sunflowers. | \$12 |
| <b>Sencha Lime</b> (aka Japanese Lime or Tokyo Lime) – Lime and lemon pieces.                             | \$12 |
| <b>Sencha Mint</b> (aka Mint Green) – Green tea with refreshing cool mint flavour.                        | \$12 |
| <b>Sencha Peach &amp; Apricot</b> – Peach, apricot, papaya, jasmine, sunflowers.                          | \$12 |
| <b>Sencha Strawberry</b> – Strawberry and papaya.   | \$12 |
| <b>Sencha Vanilla</b> – Sencha with vanilla.  | \$12 |
| * <b>Spicy Sencha</b> (aka Sencha Spice) – Almond, cardamom, cinnamon, citrus, cloves, rose, vanilla.     | \$12 |
| * <b>Tokyo Lime</b> – from T Leaf T.  | \$15 |

## Fruit Infusions

Fruit infusions are refreshing and healthy, can be enjoyed hot or cold, and do not contain caffeine. Use 1 heaped teaspoon per cup and infuse for 5 minutes. Around 25 cups can be brewed from 100 grams.

|   | <b>PRICE PER 100G</b> |
|---|-----------------------|
| <b>Angel Falls Mist</b> – Apple, calendula, hibiscus, orange, rosehip.  | \$12                  |
| <b>*Apple &amp; Feijoa</b> – Apple, feijoa, papaya, pineapple, sunflower, verbena.                            | \$12                  |
| <b>Arabian Magic</b> – Apple, elderberry, hibiscus, orange, raisin, rosehip, cornflowers.                     | \$12                  |
| <b>*Berry Peach Crumble</b> – Blackberries, blueberries, cherries, currants, elderberries, hibiscus, rosehip. | \$13                  |
| <b>*Berrylicious</b> – Apple, blackberries, elderberries, hibiscus, raspberry, rosehip, strawberry.           | \$15                  |
| <b>Bora Bora</b> – Apple, cranberry, elderberry, hibiscus, mango, papaya, pineapple, rosehip.                 | \$12                  |
| <b>*Coconut Pina Colada</b> – Coconut, pineapple, apple, hibiscus, orange, rosehip.                           | \$13                  |
| <b>Fruit Punch</b> – Elderberry, raisin, hibiscus, currants.  | \$12                  |
| <b>*Ginger Lemon Kiss</b> – Ginger, lemon, lemongrass, orange, apple.   | \$13                  |
| <b>Good Health</b> – Apple, cranberry, currants, elderberry, hibiscus, lingonberry, raisin, rosehip.          | \$12                  |
| <b>Granny's Garden</b> – Blackberry, currant, elderberry, raspberry, strawberry, blackberry leaves.           | \$12                  |
| <b>*Grapefruit &amp; Bitter Lemon</b> – Grapefruit, lemon, apple, hibiscus, rosehip.                          | \$13                  |
| <b>Lady Hannah's Berry Fruit</b> – Blackberry, raspberry, strawberry, apple, hibiscus, rosehip.               | \$16                  |
| <b>Lemon Citric</b> – Lemon, apple, hibiscus, orange, rosehip.  | \$12                  |
| <b>*Lemon Sorbet</b> – Apple, citric acid, citrus peel, lemongrass, lemon myrtle, pineapple, rosehip.         | \$15                  |
| <b>Mango Paradise</b> – Mango, currants, elderberry, hibiscus, papaya, pineapple, marigold.                   | \$12                  |
| <b>*Mellow Cranberry &amp; Carrot</b> – Cranberry, carrot, apple, beetroot, hibiscus, grapes.                 | \$13                  |
| <b>Orient Express</b> – Almond, apple, cinnamon, hibiscus, rooibos, rosehip, vanilla.                         | \$12                  |
| <b>Otago Summer Fruits</b> – Peach, apricot, apple, beetroot, carrot, cherry, rose buds, strawberry.          | \$12                  |
| <b>*Stone Fruit Peach &amp; Apricot</b> – Peach, apricot, apple, hibiscus, orange, rosehip, flowers.          | \$13                  |
| <b>Strawberry &amp; Kiwifruit</b> – Strawberry, kiwifruit, apple, hibiscus, rosehip.                          | \$12                  |
| <b>*Turkish Apple</b> – Apple bits and natural flavour.   | \$15                  |
| <b>Vitamin Cocktail</b> – Apple, cranberry, elderberry, hibiscus, lingonberry, rosehip.                       | \$12                  |

## Herbal Infusions

Most herbal infusions contain no caffeine or tannin. Use 1 level or heaped teaspoon per cup. Infuse 3–5 minutes. Approximately 30-80 cups (depending on the herb type/weight) can be brewed from 100 grams.

|   |      |
|---|------|
| <b>*Ayurvedic Anti-Stress</b> – Ayurvedic blend. Cardamom, cinnamon, fennel, liquorice, orange.           | \$13 |
| <b>*Camillio</b> – Chamomile, citrus peel, hibiscus, lemongrass, nana-mint, orange blossom, rosehip.      | \$12 |
| <b>Chamomile</b> – Relaxing and soothing. Aids sleep and eases upset stomach.                             | \$16 |
| <b>Chrysanthemum</b> – Aids detox, regulates blood pressure, calms nerves, eases head congestion.         | \$30 |
| <b>Ginger Root</b> – Refreshing hot notes. Eases cold symptoms, digestion and nausea.                     | \$16 |
| <b>Ginger Root &amp; Lemongrass</b>   | \$14 |
| <b>Hibiscus</b> – Rich in Vitamin C and iron. Aids blood pressure and cholesterol.                        | \$12 |
| <b>Honeybush</b> – From South Africa. Refreshing. Rich in antioxidants and minerals.                      | \$13 |
| <b>Jasmine Flowers</b> – Luxury jasmine blossoms. Soothing aroma and flavour.                             | \$30 |
| <b>*Kawakawa Fire</b> – Ginger, kawakawa, lemongrass. 50gram bag.   | \$15 |
| <b>Lavender</b> – From France. Floral notes. Aids relaxation and eases digestion.                         | \$20 |
| <b>*Lemon Balm &amp; St Johns Wort Relax</b> – 70gram bag.  | \$11 |
| <b>Lemongrass</b> – Lemon notes. Antioxidant and anti-microbial properties.                               | \$12 |
| <b>Linden Flowers</b> – Subtle sweet fruity finish. Calming. Eases digestion and cold symptoms.           | \$24 |
| <b>Liquorice Root</b> – Sweet light medicinal notes. Aids adrenal glands, allergies and indigestion.      | \$12 |
| <b>*Luscious Lemon &amp; Liquorice Root</b> – Liquorice, hibiscus, peppermint, orange, lemon. 90gram bag. | \$13 |
| <b>*Manuka &amp; Flower Detox</b> – For inner health. 60gram bag.   | \$14 |
| <b>Mothers Bliss</b> – Rose petals, lavender, chamomile and lemongrass.                                   | \$18 |
| <b>Peppermint</b> – Cool and refreshing. Eases digestion, nausea, headaches and tension.                  | \$16 |
| <b>*Peppermint &amp; Flower Energizer</b> – Flowers, herbs and fruits with peppermint overtones.          | \$13 |
| <b>Raspberry Leaf</b> – Contains magnesium, potassium, iron, Vitamin B. Tones pelvis and uterus.          | \$20 |

|  | PRICE PER 100G |
|--|----------------|
| *Red Original Organic – from T Leaf T.   | \$15           |
| *Red Vanilla Raspberry – from T Leaf T.  | \$15           |
| *Restful – Chamomile, green rooibos, vervain, rose buds, tulsi, lavender. 50gram bag.      | \$15           |
| Rooibos – From South Africa. Relaxing. Rich in minerals and antioxidants.                  | \$11           |
| Rooibos Chai (aka Rooibos Christmas) – Cardamom, cinnamon, cloves, ginger, nutmeg, pepper. | \$12           |
| Rooibos Christmas (aka Rooibos Chai) – Cardamom, cinnamon, cloves, ginger, nutmeg, pepper. | \$12           |
| *Rooibos Cream & Caramel – Caramel pieces and cola nuts.                                   | \$13           |
| *Rooibos Orange Ginger – Ginger, orange flakes, orange blossoms, peppercorns, pepper.      | \$13           |
| Rooibos Sunshine Lemon – Lemongrass and calendula.   | \$12           |
| Rooibos Vanilla – Vanilla, almond and calendula.   | \$12           |
| Rose Petals – Light floral notes. Pleasant lingering finish. Antioxidants.                 | \$20           |
| Rosehip – Mild pear notes. Vitamin C and antioxidants.                                     | \$12           |
| Spearmint – Cool and refreshing. Eases digestion, nausea, headaches and tension.           | \$16           |
| Spearmint & Rose   | \$18           |
| Yerba Mate – From Brazil. Green unroasted. Energy tonic. Rich in caffeine.                 | \$10           |

## Oolong Teas

Oolong tea (aka Wu Long tea) is semi-fermented. Oolong tea has more body than a green tea but less body than a black tea. Health benefits include speeding up metabolism and burning calories. Use 1 level or heaped teaspoon per cup. Infuse 3-5 minutes. The leaves may be reinfused.

|  |      |
|--|------|
| Formosa Oolong – Semi-fermented. Thin liquor. Sweet fruity character. Tends black.                   | \$13 |
| Fujian Oolong (aka Ti Kuan Yin) – Semi-fermented. Orchid-like notes. Tends green.                    | \$13 |
| *Ginseng Oolong. Oolong tea with ginseng. 120gram bag.   | \$19 |
| Jasmine Orchard Oolong – Oolong and green tea, jasmine, apple, mango, peach, safflowers, strawberry. | \$13 |
| *Organic Slimming Oolong Tea– Excellent vintage Ti Kuan Yin.   | \$18 |
| Pomegranate Oolong – Popular Harney & Son’s Ti Kuan Yin oolong infused with pomegranate.             | \$14 |
| Quangzhou Milk Oolong – Premium oolong with sweet milk and light orchid notes.                       | \$50 |
| Spring Pouchong – Rare top quality Oolong from Taiwan. Floral aroma. Sweet aftertaste                | \$50 |

## Organic Teas

Organic tea is grown without chemicals and with careful attention to the preservation of the ecosystem. Our organic tea has been certified by an independent third party agency.

|  |      |
|--|------|
| Akaike Sencha – Organic. Luxury green tea from China.                      | \$13 |
| Organic Guangxi – Organic. Black tea from Southern China (east of Yunnan). | \$13 |
| *Organic Slimming Oolong Tea– Excellent vintage Ti Kuan Yin.               | \$18 |
| Organic Young Hyson – Organic green tea from South-west China.             | \$13 |
| *Red Original Organic – from T Leaf T.                                     | \$15 |

## Pu Erh Teas

Pu Erh from the southern Chinese province of Yunnan, is fermented twice. When brewed, Pu Erh has a dark reddish colour and a strong, full and earthy taste. Health benefits include speeding up metabolism and lowering cholesterol. Use 1 level or heaped teaspoon per cup. Infuse 3-5 minutes.

|  |      |
|--|------|
| China Yunnan Pu Erh – Fermented twice. Matured. May aid weight loss and lower cholesterol. | \$11 |
|--|------|

## Decaffeinated Teas

Our decaffeinated teas are processed using the CO2 process; so no chemical solvents are used to remove the caffeine. Also, the original character of the tea is retained by using the naturally occurring CO2 in a circulation process which carefully uses high pressure and temperature to extract the caffeine.

|   |      |
|---|------|
| Decaffeinated Earl Grey – Full flavoured. Natural bergamot oil.               | \$16 |
| Decaffeinated English Breakfast – High quality and full bodied.               | \$15 |
| Decaffeinated Irish Breakfast – Full bodied Kenyan tea. Cut, torn and curled. | \$14 |
| Decaffeinated Sencha Green – Top quality Chinese sencha.                      | \$16 |

## White Teas

White teas are rare. Leaves are picked and harvested before they have fully opened, when the buds are covered by fine white hair. White tea has very little processing and no fermentation. It has a delicate flavour.

|  |      |
|--|------|
| <b>Bai Mu Tan</b> (aka White Peony) – Exquisite anti-ageing tea. Fresh taste. Pale yellow infusion.  | \$20 |
| * <b>Gojiberry &amp; Raspberry</b> – Gojiberreries, raspberries, and a hint of bergamot. 60gram bag. | \$13 |
| <b>Shou Mei</b> (aka Sow Mee) – Refreshing aroma, golden liquor and sweet mellow taste.              | \$18 |

## Pukka™ Herbal Infusions (20 Wrapped Tea Sachets/Price Per Box)

|  |      |
|--|------|
| <b>After Dinner</b> – Organic fennel, chicory and cardamom. Deliciously aromatic and calming.            | \$10 |
| <b>Cleanse</b> – Organic nettle, fennel and peppermint. Glow from the inside out.                        | \$10 |
| <b>Elderberry &amp; Echinacea</b> – With elderflower. Rich organic embrace tingling with fruity warmth.  | \$10 |
| <b>Lemon, Ginger &amp; Manuka Honey</b> – A welcoming cup of spicy-sweet organic bliss.                  | \$10 |
| <b>Love</b> – Organic rose, chamomile and lavender flower. To warm your heart.                           | \$10 |
| <b>Motherkind Pregnancy</b> – For nourishment and energy.  | \$10 |
| <b>Night Time</b> – Organic oat flower, lavender, limeflower and valerian. For a peaceful night's sleep. | \$10 |
| <b>Relax</b> – Organic chamomile, fennel and marshmallow root. Let yourself unwind.                      | \$10 |
| <b>Revitalise</b> – Organic cinnamon, cardamom and ginger. Find your drive.                              | \$10 |
| <b>Supreme Matcha Green</b> – A vital wellspring of organic whole leaf green tea & the finest matcha.    | \$10 |
| <b>Three Chamomile</b> – Organic Egyptian, Croatian and Hungarian chamomile. Soothing.                   | \$10 |
| <b>Three Cinnamon</b> – Organic Indian, Indonesian and Vietnamese cinnamon. Invigorating. Warming.       | \$10 |
| <b>Three Fennel</b> – Organic sweet fennel, wild fennel and fennel leaf. To soothe and calm.             | \$10 |
| <b>Three Ginger</b> – Organic ginger, galangal and golden turmeric. To uplift and warm.                  | \$10 |
| <b>Three Mint</b> – Organic peppermint, spearmint and fieldmint. To refresh and soothe digestion.        | \$10 |
| <b>Three Tulsi</b> – Organic green tulsi, purple tulsi and lemon tulsi. To uplift and restore.           | \$10 |
| <b>Turmeric Gold</b> – Organic turmeric, lemon and green tea. Bask in the glow of golden yellow.         | \$10 |
| <b>Vanilla Chai</b> – Organic cinnamon bark, ginger root, licorice root, cardamom pod and vanilla pod.   | \$10 |
| <b>Womankind</b> – A delicate dance of organic cranberry, rose and sweet vanilla. May you blossom.       | \$10 |

## Other Herbal Teas (Price Per Box)

|  |      |
|--|------|
| <b>Dandelion</b> – Antirheumatic, detoxifier, diuretic, liver cleanser (25 Tea Bags).  | \$14 |
| <b>Detox</b> – Clarifies and purifies (25 Tea Bags).                                   | \$8  |
| <b>Nettle</b> – Energy tonic. Aids circulation, congestion, skin health (25 Tea Bags). | \$8  |
| <b>Mother-to-Be</b> – Supports healthy pregnancy (16 Tea Bags).                        | \$12 |
| <b>Nighty Night</b> – Promotes a good night's sleep (16 Tea Bags).                     | \$15 |
| <b>Nursing Mom</b> – Promotes healthy milk supply (16 Tea Bags).                       | \$12 |
| <b>Pregnancy Tea</b> – Supports healthy pregnancy (16 Tea Bags).                       | \$15 |

## Artisan Tea Balls# (Price Per Ball)

|  |        |
|--|--------|
| <b>3 Flower Burst Ball</b> – Green tea. Jasmine, Lily & Osmanthus. Opens up to reveal flowers.             | \$3.50 |
| <b>Jasmine Silver Ball</b> – Delicate hand rolled jasmine tea. Opens up in to shape of a flower.           | \$2.50 |
| <b>Tiffany Rose Ball</b> – Green tea. Amaranth & Marigold blossoms. Rose notes. Opens up to reveal flower. | \$4.00 |

# Also available in nitrogen flushed vacuum sealed decorative gift bags which are \$12-\$15 per bag.

## Miscellaneous

|   |          |
|---|----------|
| <b>Dragon Pearls</b> – Top quality hand rolled new season green tea. Use 6-8 pearls per cup (price per packet). | \$3      |
| <b>Dragon Pearls or Dragon Pearl Jasmine</b> – Top quality hand rolled pearls. 25gram bag.                      | \$11     |
| <b>Jasmine Silver Ball</b> – Delicate hand rolled jasmine tea. 100gram bag.                                     | \$30     |
| <b>Lezzo Turkish Apple Tea</b> – Available in 160gram bag or 700gram tin.                                       | \$5/\$20 |
| <b>Tea Gift Box</b> – Gift box with 10 popular teas. Four box types to choose from (price per box).             | \$30     |
| – Mixed teas, black teas, green teas, or fruit & herbal infusions.  |          |
| <b>Tea Gift Box (Small)</b> – Gift box with four popular teas (price per box).                                  | \$15     |

### **China White™ Organic Tea**

China White organic white tea buds are hand picked a few times a year in the Fujian province. We stock China White's Organic White Original, Organic Jasmine White and Organic Ginger White loose leaf teas.

### **Coffee and Tea Lovers™ Tea**

We stock some of Coffee and Tea Lover's teas. Other products from their range available by order.

### **Harney & Sons Fine Tea™**

Loose tea brews a superior cup of tea, but tea bags are more convenient. Harney's pyramid silken tea sachets combine these attractions. We stock a large range of Harney's products.

### **Metropolitan Tea™ Company**

We stock a large range of teas from the Metropolitan Tea Company (based in North America) which belongs to the Ethical Tea Partnership. Please visit [www.ethicalteapartnership.org](http://www.ethicalteapartnership.org) for more details.

### **NZ Live™ Tea**

The NZ Live tea range features native botanicals, long believed in traditional Maori medicine to have health and wellbeing benefits: Bay of Islands Paradise, Bergamot Bluff (Manuka), Gisborne Dawn (Manuka), Karikari Green (Kawakawa), Kowhai Ceylon, Mint Aspiring (Manuka), Morning Kick, Otago Gold (Kawakawa), Ruapehu Rooibos (Horopito), Twisted Kiwi and Wellywood Chai (Horopito).

### **Oku™ New Zealand Native Herbs Kawakawa Tea**

The Oku tea range focuses on the Kawakawa plant, giving the teas distinct flavours and health benefits. The teas (Pure, Digest, Energise, Immune or Restore) taste great and have therapeutic benefits as well.

### **T Leaf T™**

We stock some of T Leaf T's teas (Berrylicious, Chai, Cinnamon, Earl Grey Blue Flower, Ginseng Oolong, Kawakawa Fire, Lemon Sorbet, New Zealand Breakfast, Red Original Organic, Red Vanilla Raspberry, Restful, Tokyo Lime and Turkish Apple Tea). Other products are available by order.

### **Tea Total™ Tea**

We stock a large range of Tea Total's teas. Other products from their range are available by order.

### **Ti Ora™ Tea**

We stock the Ti Ora range of black, green, herbal and fruit teas, which include native ingredients.

### **Wedgwood™ Tea**

The Wedgwood Tea Collection has been created to deliver a taste experience to equal the quality and beauty of Wedgwood fine bone china teaware.

### **Zealong™ Tea**

Zealong is premium tea grown, processed and packaged in NZ. Produced to international food safety standards, Zealong is free of chemical sprays and additives. Its manufacturing complies with ISO22000.